

Cary M. Golub, DPM, FACFAS
Executive Towers
854 East Broadway
Long Beach, New York 11561

INSTRUCTIONS FOLLOWING IN-OFFICE SURGICAL PROCEDURE

Following surgical procedure:

1. Soak the surgical site **with the bandage on** in a mixture of either luke warm water and epsom salt (1 quart water to 1/4 cup epsom salt) or luke warm water and white vinegar (1 quart water to 1/2 cup vinegar) for 15 minutes.

2. Remove the wet bandage and pat the surgical site dry.

3. Redress the surgical area with

- Antibiotic ointment
- Antibiotic cream

and a Bandaid

4. Repeat soaks and redressing of surgical site daily until follow-up visit.

*** Remember, bathing of surgical site should always be with the old bandage. A new bandage is put on only after bathing.